

*Kuldeep Singh, MD*



*Because We Care !!*

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### Bariatric Support Group 2010

Bariatric Surgery is a tool to help people 100 pounds or more overweight. This group is for patients and their family members and friends to gain support from others who have had surgery or are considering bariatric surgery (Gastric Bypass, Lap Band or Realize Band and Sleeve Gastrectomy).

(Meetings are held the first and the third Mondays of each month)

At the St. Agnes Hospital

Please stop at front desk at the hospital for the venue as it is subject to change

Meeting Times: All meetings are from 6.00 pm to 7.00 pm

First Mondays: Gastric Bypass Group and Sleeve Gastrectomy Group

Third Mondays: Lap Band and Realize Band group

#### **Moderators:**

- Arlene Swantko or Devorah Schupper: Focus on Nutrition
- Cathy Carr Dadin, RN: Focus on information and Education
- Andrew Whalen LCSW (Drew) : Focus on emotional changes and needs

#### Schedule for 2010

Jan 4 <sup>th</sup>	Drew
January 18 <sup>th</sup>	Dr. Kumar –Plastic Surgeon
February 1 <sup>st</sup>	Arlene
February 15 <sup>th</sup>	Arlene
March 1 <sup>st</sup>	Drew
March 15 <sup>th</sup>	Dr. Averbach/ Cathy

April 5 <sup>th</sup>	Arlene
April 19 <sup>th</sup>	Cathy
May 3 <sup>rd</sup>	Drew
May 17 <sup>th</sup>	Arlene
June 7 <sup>th</sup>	Cathy
June 19 <sup>th</sup>	Devorah
July 19 <sup>th</sup>	Arlene or Drew – Holiday Schedule
August 2 <sup>nd</sup>	Devorah
August 16 <sup>th</sup>	Cathy
September 20 <sup>th</sup>	Drew- holiday schedule
October 4 <sup>th</sup>	To be decided
October 18 <sup>th</sup>	Devorah
November 12 <sup>th</sup>	Drew
November 15 <sup>th</sup>	Arlene
December 6 <sup>th</sup>	To be decided - Holiday Party
December 20 <sup>th</sup>	Cathy- Holiday Party

**Special Meetings:**

Will be announced as they are scheduled

Meetings will not be held if there is an inclement weather. Please check our web site or call our office to check for cancellation.